

# Public Skating



## Through March 11

Monday – Friday 11:30 -1:30 p.m.

Friday Nights 7:00-10:00 p.m.

Saturday

12:45- 2:45 p.m.

7:00-10:00 p.m.

Sunday

1:15 - 4 :00p.m.

4:00 - 5:00 p.m.\* Adults Only

### Rink Hotline



Call for weekly updates  
on our skating  
schedule.

(315) 789-2277 Ext. 1

## HOLIDAY SKATING

### Extended Hours

Jan. 16 12p-4:30p

Feb. 20-26 12p-4:30p

Feb. 25 & 26 7-10p

**Weekday (Mon-Thurs) Admission:**

**\$3.00 City ID \$4.00 Non-Res.**

**Weekend & Holiday Admission:**

**\$4.00 City ID \$5.00 Non-Res.**

**Skate Rental: \$3.00**

**Skate Sharpening: \$7.00**

### BIRTHDAY PARTIES AT THE ICE RINK!

Call 789-5005 for more details!

Make it a special day at the  
Geneva Rec. Complex!



Packages include an hour of  
private ice rental & skate rentals.  
Upgrade your package to include pizza,  
drinks, cake & decorations!  
Packages start at only \$10000

# GRD's Spring 2012 Brochure

## Classes and Activities



GENEVA RECREATION DEPARTMENT

47 Castle Street

Geneva, New York 14456

Phone: (315)-789-5005

[www.genevarec.com](http://www.genevarec.com)

Facebook: Geneva Rec. Dept.

Janelle Toner, Director of Recreation

Anne Alaimo, Office Manager

David Sharman, Jr., Rink Supervisor

David Gillotte, Maintenance Mechanic

Check inside for info. on spring  
TURF programs!  
Box Lacrosse & Indoor Soccer

April Break Clinics for youth!



### TRY HOCKEY FOR FREE!

Saturday, Feb. 18th 2012

Boys & Girls—ages 4-9

Time: 11:30-12:30p

This is a free clinic for kids to experi-  
ence hockey for the first time! First 40  
to register at

[www.tryhockeyforfree.com](http://www.tryhockeyforfree.com) will receive  
a free hockey jersey!

### GENEVA/WATERLOO PANTHERS HOME GAMES

Thur. Jan. 12	Church. Chili	7 p
Sat. Jan. 21	Brockport	3 p
Tues. Feb 7	Irondeq.	7 p
Sat. Feb. 11	Geneseo/Livonia	3p

Admission:

\$3.00 Adults \$2.00 Children/Students

Snack Bar open during all high school and college  
games!

### HOBART COLLEGE HOME GAMES

\*Free Admiss. for Season Pass Holders\*

Sat. Jan. 14	Nichols	4 p
Tue. Jan. 17	Buff State	7 p
Sat. Jan. 21	Potsdam	7 p
Sat. Jan. 28	Utica	7 p
Fri. Feb. 10	Elmira	7 p
Fri. Feb. 17	M'ville	7 p
Sat. Feb. 18	M'ville	4 p

Admission:

\$5.00 Adults \$2.00 Children

## GENEVA GENERALS YOUTH HOCKEY PROGRAMS

All players are required to register with USA Hockey and submit registration  
to GGHO. Call Kim Ess for details; 315.374.4108

Equip. Needed for **Beginning Hockey**: skates, stick and mouth guard.

Helmets supplied if needed. Equip. Provided for **In-House**: helmet, skates, pants, pads, shin  
guards and sticks. Please supply your own mouth guard.

Application can be dropped off at the Rec. Dept. Offices or Ice Rink. Check Payable to GGHO.

### BEGINNING HOCKEY SESSION 2

DATES: Saturday's Jan. 7 - March 3

TIME: 11:30-12:30p

AGES: Boys and Girls 3-9yrs

FEE: \$65

Payable To: The GGHO



### IN-HOUSE / Learn to Play Hockey SESSION 2 ( 2x per week )

DATES: Jan. 7 - March 5

TIME: Saturdays 11:30-12:30p

Monday Nights 7-8pm

AGES: Boys and Girls 7-10 & 11-18yrs

FEE: \$85

Payable To: The GGHO

# EXERCISE CLASSES 2012

## TAI-CHI I

**Dates:** Thursday's, Jan. 5-Mar. 8 (no class 2/23)

**Time:** 7-8p.m.

**Ages:** 16 and up

**Location:** West Street School Mini-Gym

**Instructor:** Paul Chatt, USA Martial Arts Academy Certified Tai Chi Instructor

**Fee:** \$27.00 Residents/\$36.00 Non-Residents

Meditation in Motion. Learn the ancient Chinese martial arts of fitness, wellness and longevity. Using slow rhythmic exercises, this exercise helps manage stress, lower blood pressure and improve balance and coordination.



## TAI-CHI II

**Dates:** Thursday's, Mar. 15- June 17 (no class 4/12)

**Time:** 7-8p.m.

**Ages:** 16 and up

**Location:** West Street School Mini-Gym

**Instructor:** Paul Chatt, USA Martial Arts Academy Certified Tai Chi Instructor

**Fee:** \$27.00 Residents/\$36.00 Non-Residents

Same description as above.



## ZUMBA with Michele Turner!

### **Times and Days:**

Monday 5:30p.m.-6:30p.m.

Wednesday 5:30p.m.-6:30p.m.

Thursday 9:30a.m.-10:30a.m. & 6:00p.m.-7:00p.m.

Sunday 9:30a.m.-10:30a.m.

**Location:** Geneva Community Center

**Instructor:** Michele Turner, Certified Zumba Instructor

**Fee:** \$40 will get you a punch pass for 8 classes. You choose the dates and times you want to go! Visit Michele's facebook page for more information on her class!

## FLEXING AND TONING I

**Dates:** Mondays, February 13-April 16 (no class 2/20)

Wednesdays, February 15-April 18

Fridays, February 17-April 20

**Time:** 12:15-12:45 p.m.

**Instructor:** Susan Sheffer

**Fee:** \$13.50 Residents/\$15.75 Non-Residents-Once per week

\$27.00 Residents/\$31.50 Non-Residents-Twice per week

\$40.50 Residents/\$52.50 Non-Residents-Three times per week

Class consists of floor exercises for toning the muscles and stretching to increase flexibility. Great for all levels of ability. No jumping! Bring sneakers.

**\*Note: Flex and Tone classes are held at the Presbyterian Church at Pulteney Park**

## FLEXING AND TONING II

**Dates:** Mondays, April 23-June 18 (no class 5/28)

Wednesdays, April 25-June 20

Fridays, April 27-June 22 (no class 5/11)

**Time:** 12:15-12:45 p.m.

**Instructor:** Susan Sheffer

**Fee:** \$12.00 Residents/\$14.00 Non-Residents-Once per week

\$24.00 Residents/\$28.00 Non-Residents-Twice per week

\$36.50 Residents/\$42.00 Non-Residents-Three times per week

Same description as above.



**\*Note: Flex and Tone classes are held at the Presbyterian Church at Pulteney Park**

## YOUTH AND ADULT KARATE

**Dates:** Monday's & Wednesdays. Jan 4-Feb. 29 (no class 2/20 & 2/23)

**Time:** 5:30-7:30 p.m.

**Location:** North St. School Mini-Gym

**Instructor:** Don Haight

**Fee:** Youth (3-8th grades) -\$30 Residents/\$40 Non-Residents

Adult (9th grade-up) - \$40 Residents/\$50 Non-Residents

**Description:** Karate is used to improve physical conditioning and flexibility, to learn to defend oneself and learn self discipline. Beginner students will learn basic skills. No uniform required. Everyone must wear a mouth guard. A yellow belt can be earned in 3 months.

## YOGA I

**Dates:** Tuesday's Jan 10-March 13 (no class 2/21)

**Time:** 6:45pm-8pm

**Location:** North St. Mini Gym until 2/27

After 2/27 TBA

**Instructor:** Carol Lynch

**Fee:** \$36.00 Residents/\$45.00 Non-Residents

**Description:** Learn to reduce stress, improve flexibility and increase self awareness. Class will include Yoga postures, breathing techniques and guided deep relaxation and visualization. Wear comfortable clothing and bring a mat or blanket. Class size is limited



## YOGA II

**Dates:** Tuesday's March 20-May 22 (no class 4/3)

**Time:** 6:45pm-8pm

**Location:** TBA

**Instructor:** Carol Lynch

**Fee:** \$36.00 Residents/\$45.00 Non-Residents

Same description as above.

## EVERYTHING, but the Kitchen Sink with Arlene Eddington!

**Dates:** Mondays Jan. 9-March 19th (no class 1/16-2/20)

**Time:** 6-7p.m.

**Location:** North Street School Gym (1/9-2/27)  
Presbyterian Church (3/5 & 3/19)

**Instructor:** Arlene Eddington

**Fee:** \$24.00 Residents/\$28.00 Non-Residents

This Boot-Camp style class is designed for all fitness levels but for those who may have reached an exercise plateau and need an added "boot" in your workout! This class will offer cardio moves, strength building, flexing, toning &



## PET DOG TRAINING CLASS- BEGINNER

**Dates:** Tuesdays, March 27-May 1

**Time:** 7:00-8:00 p.m.

**Instructor:** Trish Wiltse

**Fee:** \$45.00/Residents/\$65.00 Non-Residents

Classes are designed to provide pet owners with positive techniques to achieve wanted behaviors from pets. Clickers are used to mark desired behaviors and food, toys and praise are used to re-enforce good behavior. This is a highly effective, fun, pain and fear free method of dog training. Course covers basic obedience commands and good manners such as walking on a leash, greeting people, resource guarding and leave it.



## PET DOG TRAINING CLASSES-PUPPY

**Dates:** Tuesdays, March 27-May 1

**Time:** 8:15-9:15 p.m.

**Instructor:** Trish Wiltse

**Fee:** \$45.00 Residents/\$65.00 Non-Residents

Class will follow the same format as the Beginner Class and is for puppies 3-7 months old. There will be more socialization and off-lead time in this class. As stated above, clickers will be necessary.

**First week class for all participants will be at 7-8:30p. No Dogs. Must be preregistered, no exceptions. Class size is limited to 12 dogs per class. Dog Training classes are held at the Geneva Recreation Complex.**

## RECREATIONAL SPORTS

### CO-ED VOLLEYBALL LEAGUE

**Dates:** Tuesdays, Jan. 24—April 17 (Non-Competitive)  
Wednesdays, Jan 25—April 18 (Competitive)

**Location:** FLCC College, Pulteney St.

**Times:** Vary weekly between 6:30-8:45p

**Fee:** \$100.00 Per Team –Residents  
\$120.00 Per Team –Non-Residents

Deadline to Register: January 18th, NO EXCEPTIONS. Length of season will depend on number of teams registered. League champions receive t-shirts, tournament champions and runners-up receive trophies.

### SNOW SHOEING RENTALS

**Fee:** \$10 per day (return within 24hrs of rental)

\$20 for the weekend (rent Fri., return on Mon)

Rent our show shoes at your leisure and go out on your own adventure! Contact the GRD for availability and rental information, we can also give you trail locations and ideas! Call 315.789.5005



### CO-ED SOFTBALL TEAM REGISTRATIONS

**\*First Day to Register: MON. APRIL 23rd 8:30am\***

**Dates:** Tues. & Thurs, Starting May 22 & 24

**Time:** 5:45p & 6:45p Games

**Fee:** \$350 Resident team / \$450 Non-Res. teams (less than 50% city residents are considered Non-R.)

\*There is no guarantee of playing on only one night, prepare your teams to play either Tues. or Thurs.

**Deadline to register is May 14th 4:30pm**

**To be registered, a team must pay the fee and submit a FULL TEAM ROSTER, no exceptions.**

Rules and registration form can be downloaded online at [www.genevarec.com](http://www.genevarec.com).

## ART CLASSES

### ONE STROKE PAINTING CLASSES



**\*Must register at least one week prior to class.**

**Instructor:** Becky Sloane

**Location:** Geneva Recreation  
666 South Exchange St.

**Time:** 6:30-8:30 p.m.

**Fee:** \$10.00 Resident/\$12.00 Non-resident + Supply fee

**Supply fees** are \$10.00 per class and are payable to the instructor at class. They include use of paints, surface and guide.

Monday, Feb. 6 BLEEDING HEART WREATH

Monday, March 5 SUNFLOWERS ON PLATES.

Monday, April 2 TULIPS ON CANVAS

Monday, May 7 PATRIOTIC TEDDY ON PLACEMAT

Monday, June 4 VIOLETS ON FABRIC

**PLEASE NOTE THE NEW TIME**



## **Soccer and Lacrosse on the Turf!**

### ADULT BOX LACROSSE

**Dates:** Sunday's April 15-May 27 (No session April 29)

**Time:** 7:15-8:15p

**Ages:** 16 and up

**Coordinator:** Dave Sharman

**Fee:** \$5.00 per night or \$25.00 for full 6 weeks

Non-contact league for adults, women welcome. No previous experience required. Sticks, mouth guards, gloves and face protection is required. No cleats. Turf shoes or sneakers only. If enough register, we can consider tournaments and leagues for the summer!

### CO-ED ADULT INDOOR SOCCER

**Dates:** Sunday's April 15-May 27 (No session April 29)

**Time:** 6-7pm

**Ages:** 16 and up

**Fee:** \$5.00 per night or \$25.00 for full 6 weeks

Play with friends at our new indoor turf facility. Starting as a drop in league where you will get an opportunity to play with many different people. If program grows, we will consider full fledged leagues and tournaments.



### APRIL BREAK INDOOR TURF CLINICS (Boys and Girls) K-6th grade

#### Box Lacrosse Clinic

**Dates:** April 9-13

**Time:** 10a-12p

**Fee:** \$25 per child, \$40 max per household

**Coordinator:** David Sharman

This clinic is designed to introduce your child to the game of indoor lacrosse, while practicing their skills. Local coaches and college players will be assisting with drills and games throughout the week and customizing skill building based on individual level.

(already registered in the YMCA's lax program, your fee is \$10 per child.)



#### Indoor Soccer Clinic

**Dates:** April 9-13

**Time:** 1-3p

**Fee:** \$25 per child, \$40 max per household

**Coordinator:** Jeff Dunham

Different skills will be taught each day with an element of fun and play! Children will practice new skills while also learning more about the game of soccer! Local youth coaches and HS players will be on hand to instruct.



## SKATING & HOCKEY INFORMATION

### LEARN TO SKATE ~ Session 3

**Dates:** Saturday's During Public Skating (Feb. 4-Mar 10)

**Time:** Varies between 12:45-2:45p **Ages:** 3-up

**Fee:** \$80 per session

Instructors will teach small classes of students for 20 minutes each Saturday. Skaters will be taught moves from the US Figure Skating Basic Skills Program, The best program to learn to skate safely and still have fun. Skate rentals are included. Helmets are recommended. **Instructor:** Melissa Siesto

### SKATING CLUB (intermediate/advanced skaters)

**Dates:** Sunday's Feb. 5-March 4 ~ Session 3

**Cost:** Not to exceed \$96 per session

**Lead Coordinator:** Michelle Ikle

**Time:** 10:45a-11:45a

This new program is designed for those Skaters who have advanced through the basic skills in the Learn to Skate program looking for additional ice time to practice their skills and receive additional instruction in a group setting. Each session includes 6 group lessons. **Lead Instructor:** Pamela Warren



### OVER THE HILL HOCKEY LEAGUE

Non-contact drop-in league. No pre-registration required.

**Dates:** Sunday's nights through March 11th

**Time:** 7:30-9p

**Fee:** \$15 per night or \$110 for Session 2 (starts Jan. 1st)

**Coordinator:** Dave Sharman

### **Recreation Advisory Board Members:**

**Council Liaison:** John J. Greco \* Donna Baxter \*

\*Wylie Crisanti \* Arlene Eddington \*

\*Terrance Muffley \* Charles Parker \*

\* Kelly Hart \*

## UPCOMING GENEVA EVENTS

### **"Sweeping Away Cancer"**

### **Broomball Tournament**

**Sun. Jan. 15, 2012**

Matt Foe Family Fundraiser

Location: Geneva Recreation Complex

Times: 4-9pm

Free Admission, 50/50, great raffles & food/drinks!



### **2nd Annual Seneca 7 Race**

**Sat., April 28, 2012**

Teams of 7 runners will circumnavigate the lake, taking turns to complete the 77.7 miles in one day and showcasing Seneca Lake and Geneva to all participants! Coordinated by Jeff Henderson and students from HWS. For more information check out [www.seneca7.com](http://www.seneca7.com)

### **Dog Show ~ Sun. April 29, 2012**

Hosted by the Kanadasaga Kennel Club

**Location:** Geneva Recreation Complex  
AKC B-Match including conformation, rally and obedience.

**Time:** 8:30a-5pm

For more information visit [www.kkc-ny.org](http://www.kkc-ny.org)



### **Geneva Farmers Market**

**Opens ~ Thursday, June 14**

Through Oct. 11

**Location:** Exchange St. Parking Lot

**Time:** 7:30a-1pm

For inquiries about becoming a season vendor, please contact Dave Sharman at [dsharman@geneva.ny.us](mailto:dsharman@geneva.ny.us) or 789.5005.



## **REGISTRATION FORM**

Please return form and check for appropriate amount to:

**GENEVA RECREATION DEPARTMENT**

**47 CASTLE STREET**

**GENEVA, NEW YORK 14456**

**Refunds are only granted  
if the GRD Cancels the  
Program.**

PROGRAM NAME \_\_\_\_\_ ENCLOSED FEE \$ \_\_\_\_\_

PARTICIPANT'S NAME \_\_\_\_\_ Age, if under 18 \_\_\_\_\_

GUARDIAN'S NAME (If Participant is under age 18) \_\_\_\_\_ Relation: \_\_\_\_\_

PLEASE READ AND SIGN THE FOLLOWING: I HEREBY RELEASE THE CITY OF GENEVA AND IT'S INSTRUCTORS FROM FULL RESPONSIBILITY IN CASE OF ACCIDENT, DAMAGE, LOSS OR LIABILITY WHICH MAY ARISE BECAUSE OF MY PARTICIPATION IN THIS PROGRAM. I UNDERSTAND THAT SHOULD THIS ACTIVITY RESULT IN INJURY, IT IS MY OBLIGATION TO USE MY OWN RESOURCES IN TREATMENT OF THE INJURY.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ RES. \_\_\_\_\_ NON-RES \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

\_\_\_\_ Yes, please notify me either via phone or e-mail that my registration has been received.

### OFFICE USE ONLY:

DATE PAID \_\_\_\_\_ RECD. BY \_\_\_\_\_ AMT. PAID \_\_\_\_\_ CASH \_\_\_\_\_ CHECK \_\_\_\_\_